

# ABSTRACT

The present invention provides a sheet of laundry product with significant improvements in solubility. That is, the present invention provides a sheet of laundry detergent comprising a layer containing a detergent composition and, on both sides of the layer, a water-soluble substrate joined, wherein said layer comprises a water-soluble or disintegrating-in-water particle group having an average particle diameter of 60 to 2000  $\mu\text{m}$ .